

Everyday since the beginning of time women have had a shadow over them, saying that they are not beautiful because they do not follow the standards of that time. We are compared to women who don't eat, are photoshopped, work out everyday, and have no jobs or school to get in the way. Many girls who are just starting middle school or high school, they are becoming unhappy of the way they look. They are told that women on tv or in the magazines are the perfect 10 and get all the guys, then they want to be just like them. Girls stop eating because they think that all of the "fat" on them will melt away, when that doesn't really help at all. Or they start a unhealthy diet that someone like Kim K does because they want to look just like her, so they can be what in this day and age is considered hot. Girls are being told the same thing since they were born from their peers, that really messes with a girls self esteem in the long run. Girls are told that being different is weird and if they ever want to get a boyfriend they need to be just like a barbie doll, dumb, blonde, and abnormally skinny. Some of this comes from peers, but most of this comes from the tv. You see a commercial for your favorite fast food place, so your stomach says lets to get a burger. But then a commercial for some new crazy diet comes on, showing women who are really skinny and that abs. Then you don't feel the need to get that burger anymore cause you think that those women on tv don't eat burger. Hopefully if a girl ever hears this there is a women who has gone through this to tell them, that they shouldn't try to be just like those women on tv because those women are fake. Most of the time that doesn't help, so you start eating less and working out way too much, just so you can look like the women on tv. Actually the women you see in the magazines or on tv weigh 23% less than a healthy women should. It is very unhealthy and I hope that the men who are doing this photoshop know that because of them there are dozens of girls who have anorexia and bulimia. That is really the problem, men are taking the photoshop too far and making women who do not look exactly like the picture feel terrible about their self-body image. This self doubt really starts in middle school when girl start to develop and become women. Some girls develop faster than other and some girls are blessed with larger products than other girls. Guys start to pay attention to girls who are given larger products because their testosterone is all jacked up an instead of looking for personality in a women, they look for a girl they can show off to their friends. That is only middle school, it is a lot worse in high school because there are a lot more (pardon my french) douche guys in high school than middle school. If you couldn't tell I hate the fact that women are told to look a certain way to be considered pretty, if they don't then they are shunned and called terrible names. So I think that the

world would be a better place if women were allowed to be whoever they want to be without being judged.