

Our Beliefs About a Doctor

Bio of Lara Coppel: “I have been a doctor for more than 13 years now and my training has taken me to the far-flung corners of the country and beyond. I have worked all over England, as well as in Johannesburg, South Africa.”(Coppel, Lara.) “ With this in mind, we caught up with Lara Coppel, author of *OSCE Questions for the Primary FRCA*, and Anaesthetic Registrar at the Imperial School of Anaesthesia, London, to discover the highs and lows of daily life as a doctor.”(Coppel,Lara.) Lara is a doctor and has continued to be a doctor for 13 years. She works where she is needed and she is an anesthesiologist from London.

- Lara Coppel

Doctors should be interested into learning about drugs and how they affect the human body. Doctors should always should be happy when they use medical machines to help treat people from sickness, surgeries, diseases, and more. She feels doctors should feel responsible, pride, and honoured that they have an opportunity to help others overcome their illness by giving them advice. Also giving the patient a chance to be heard, so that the doctors can help with their patients situation. The doctors should be grateful to spend time with their patients since it's important to know that the patient is grateful for you saving their life from a fatal situation. Finally, doctors should be excited to work with their colleagues since they help educate each other (Lara Coppel).

Reasoning/Support: Doctors have to be interested into reading, studying, memorizing, and having knowledge for chemical structure for medicine that fights off diseases (Maureen Augustin Tombokan). Doctors are meant to keep a patient uplifting, if not then they could possibly get fired for not making the patient feel at home in a way. “More than forty percent of patients rate four out of six aspects of their most recent visit to a doctor as excellent, and more than three quarters of patients say the cost of their last visit was reasonable.” (Johnson, Robert). This just shows that it's important to make your patient feel welcomed and not like a burden. “Physicians are expected to act in a respectful, courteous and civil manner towards their patients, colleagues and others involved in the provision of health care.” (Physician Behaviour). Physicians must be respectful to anyone that they work, or interact with to get a variety of different interactions that could educate them in a way.

1. <https://www.quora.com/How-do-doctors-manage-to-remember-and-prescribe-medicines-for-such-vast-array-of-diseases-without-referring-to-a-book-Google>
2. <https://health.usnews.com/health-care/patient-advice/slideshows/signs-you-should-fire-your-doctor?slide=14>
3. <https://www.npr.org/assets/img/2016/02/26/PatientPerspectives.pdf>
4. <http://www.cpso.on.ca/Policies-Publications/Policy/Physician-Behaviour-in-the-Professional-Environment>
5. [Nov. 2016, blog.oup.com/2016/08/what-does-being-a-doctor-mean/.](http://Nov.2016.blog.oup.com/2016/08/what-does-being-a-doctor-mean/)

Bio of Bas Kirmani: “Medical doctor, engineering enthusiast, writer, student of the world (Kirmani, Bas.). Dr Bas Kirmani, who works in the Flinders Medical Centre Emergency

Department...” (MILANOWICZ, KATIE.). “ University Of Oxford” (Kirmani, Bas.). Dr. Bas is a medical doctor who works at Flinders Medical Care Centre Emergency Department> he graduated from the University of Oxford.

- Bas Kirmani

Doctors should study biology and other sciences in order to get a medical degree. The meaning of going to a medical school, exceeding great grades on the exams, have a good attrition rate, and coming out of the other end. It means to dedicate your young adulthood to studies, night shifts, more exams, and unsocial hours. Being a doctor means to always being aware of what you known and don't know. Finally, doctors need to help a person in need, no matter what the time may possibly be. It's always the doctors call to step-forward and save a life. (Bas Kirmani).

Reasoning/Support: Doctors must study biology, chemistry, organic chemistry, physics, English, calculus, and statics. You can't just study, but you must major all these, or some of things courses in college and medical school. “As long as you complete the requirements for medical school — which typically include chemistry, organic chemistry, biology, physics, English, calculus and/or statistics - you'll generally be set.” (Papandrea, Dawn.) You need to have a 4-year undergraduate degree program, spend 4 years in medical school, and then complete 3-7 years of training for any doctor career you are interested in. You must take examinations to be certified and licensed to become a doctor. “Most states have their own licensure requirements, but you'll usually need to pass an examination that tests your knowledge of state regulations and medical practices.” (Learn.org).

1. <https://www.discover.com/student-loans/college-planning/majors/become-a-doctor.html>
2. https://learn.org/articles/Psychiatrist_5_Steps_to_Becoming_a_Psychiatrist.html
3. www.quora.com/What-does-it-actually-mean-to-be-a-doctor.
4. <https://www.quora.com/profile/Bas-Kirmani>

Bio of Whitcomb, Michael E.: “**Michael E. Whitcomb, MD**, received his undergraduate degree from The Ohio State University (1961) and his MD degree from the University of Cincinnati (1965), and he completed an internal medicine residency and fellowship in pulmonary medicine at Walter Reed General Hospital (1970)” (WHITCOMB, MICHAEL E.). “He served as chief of the pulmonary disease services at Tripler Army Hospital and Walter Reed General Hospital prior to separating from the Army Medical Corps in 1974 with the rank of Lieutenant Colonel. (WHITCOMB, MICHAEL E.). Michael went to a college and got a Bachelor's degree at Ohio State University. He then went to medical school and got his Medical Degree from the University of Cincinnati. After medical school, he went Walter Reed General Hospital to finish his internal medicine residency. At Army Medical Corps in 1974, and with the rank of Lieutenant Colonel, he was a chief of the pulmonary disease services.

- Whitcomb, Michael E.

A doctor is somebody who takes medical school programs to help achieve their goal to become a licensed doctor. Doctors must first learn what it truly means to be a doctor. In order to achieve the goal of a doctor, you also have to decide what kind of doctor you want to be, or focus on. Doctors are supposed to care for their patient and care for their health. Doctors should continue to help a patient even though they are close to the point of death. Doctors should never say there's nothing they can do for their patient. Doctors should be responsible to care for their patients like they are your part of your family. Doctors should be inquisitive. All doctors should be civic minded. It's sometimes hard to since physicians seem to find it obscure (Whitcomb, Michael E.).

Reasoning/Support: If you want to become a doctor, you must go to medical school and be in programs that help you reach your goal becoming a doctor. There are different of programs that gets you set up in the right field. "You can train to be a primary care doctor at any medical school. But programs that emphasize primary care tend to include more patient contact, coursework in patient handling, and longer clinical rotations in general fields. Many are actively involved in the surrounding communities, offering volunteer opportunities in the clinical care of indigent populations." ("What to Expect in Medical School."). Primary care doctors are a great example. You would have to go through a medical program and learn about how you should interact with your patient, how to handle your patient, and how to work with other medical doctors not in the field. "Doctors, though, should try to understand patients and their background, and in some cases will find they may not want full disclosure of information about their disease, the article suggests. Imposing bad news on patients in that context could actually clash with the principle of autonomy, the paper says." (Blackwell, Tom.). As a doctor, it's always good to study, inquisitive, or learn about your patients in order to understand their backgrounds because many people don't take bad news easily. Especially bad news. You could ease the family to either have depression, or make the family rise with joy.

1. <https://www.princetonreview.com/med-school-advice/what-to-expect-in-medical-school>

2. <http://nationalpost.com/news/canada/should-doctors-tell-people-theyre-dying-why-soft-pedaling-the-grim-reality-could-help-patients-live-longer>

Bio of Delali Jamison: She graduated of University of Maryland College Park (2002) undergraduate year and Georgetown University (2011) for her doctor's degree. She trained at Washington Hospital Center and worked as a anesthesiologist (2014). She is a anesthesiologist at Penn State Hershey Hospital.

- Dr. Delali Jamison:

Dr. Delali wanted to become a doctor at the age of six. She always felt like she wanted to help others become whole again. Dr. Delali believes that qualities you should have in medical school is hard work, endurance, persistence, and patience. Dr. Delali believes that the qualities that make work hard is dealing with sick patients and doing dangerous work because you bring patients to the point where their organs are in your hands. They could easily die and it's stressful. The qualities that make work easy is experience in the field. The longer you're in the medical

field, it's easier to deal with different situation patients may have. Delali wasn't persuaded by anyone to become a doctor. She motivated herself to become successful and to care for others in the future. Personal traits that made it hard in med school was definitely math, science, and physiology said Dr. Delali. She had to read many books and she really had to understand it to succeed and graduate from anesthesia school. Dr. Delali said if she wasn't a doctor, she would be a house mom because her husband already works a great paying job. Dr. Delali loves to take care of her patients because she likes to see them thrive with joy. Dr. Delali feels that her patients are happy to see her because she is the one that puts them to sleep when it's time for surgery. Dr. Delali believes a doctor is someone that understands physiology and pharmacology. Dr. Delali stats that the most important thing to become a doctor is studying hard, gain experience, and study to study for tests and board exams.

Based on what I learned, a physician must have the strong will to become a lifelong learner, a strong persistent physician, and having strong patience. These three traits will help a person become a physician, or even a more successful physician.

Before a person becomes a physician, they will need to understand that it will be a life long learning process. A person doesn't just learn the process of becoming a physician in medical school but during the time at the start of their career and even at the end of a career. A person must understand that there will always be changes in the medical field thanks to science and new technology. Machines evolve to even more successful machines. A physician will need to then learn how to use different machines or other objects that may have evolved so that they can learn new ways to help their patients. Another thing that can take a life long learning process is dealing with new types of diseases that can create further problems for humans or, any other living thing. Then there would have to be a lifelong solution to the problem which would be to find ways to create new medicine for the disease.

Another thing a person should know before becoming a physician, they will have to be persistent through everything they do when it comes to themselves and the patients. A person must continue to try to be the best they can be in all aspects of becoming a physician. A person will have to endure their patients being in pain, being in despair, or even dying because they no longer can recover from their situation. A person will also need to continue to stay energized because they will have around 6-7 hours of sleep since a physician usually work 10-12 hours a day. A person will also need to know how to keep doing their job their very best because they should want to continue doing it.

In addition, a person should learn to become patient with themselves and others. In the medical field, many physicians need to be patient because many of their patients might not be able to respond right away to the current situation. Meaning they could be close to death, be having a heart attack, or something else that prevents them from saying something. The physician would have to be patient with their patient since it can be tiring on the physician. A physician meets with many patients everyday and it can get very tiring after a while. A physician

might just want to relax or go home, but they have to be patient and help their patient first. A person will also have to be patient with themselves because they may stress out with all the pressure that they are facing. Once a person masters patience, it will be easier for them to help their patient and of course, themselves.

In conclusion, in order to become a physician, a person must have the strong will to become a life-long learner, persistent, and patience. If a person puts their mind to it, they can become a successful physician. They'll be very proud of what they have overcome over the years and they'll think, I'm so glad I did this life-long lesson, been persistent with all of the things to become a physician, and had all the strength to have patience.